

KIRTIPUR HOSPITAL

2019 was a very eventful year in Kirtipur: With the help of Nepalmed, a regional trauma centre is currently being set up. To this end, several doctors in Kirtipur have joined forces and created an interdisciplinary trauma team. The team holds meetings and internal training sessions, particularly on the topics of rescue services, accident injuries, general and special trauma care, some of which are also carried out by emergency forces from Nepalmed and other NGOs. The next goals are the optimization of surgical treatment options, in particular the expansion of the operating theatres and the construction of an accident and neurosurgical ward. Nepalmed is providing €40,000 for this purpose.

Prof. Buland Thapa, the former director of the national trauma center Kathmandu, now supports Kirtipur. There is also a fruitful partnership between the hospital, the Kirtipur Municipality and the surrounding villages. In November and December 2019 the experienced emergency paramedic and lecturer of the Johanniter Academy D. Matthaeus was in Kirtipur for several weeks.



KIRTIPUR HOSPITAL

He conducted training courses in emergency and disaster medicine.

Currently, Kirtipur Hospital is looking for training in interventional hysteroscopy, assistance with endoscopies and manual reprocessing of endoscopes as well as Advanced Trauma Life Support.

Gerda Matzel

The gradual improvement of emergency medical care for the local population was implemented through the establishment of a Nepal Ambulance Service base financed by Nepalmed. A NAS vehicle is now permanently stationed. Kirtipur Hospital has established itself as a training centre in first aid and resuscitation for various organizations. Thanks to the commitment of Nepalmed, very good technical and personnel conditions have been created. In addition regular training of Nepalese tourist guides, such as DIAMIR Travels Dresden, strengthens and promotes a well-founded lay knowledge in primary care.

Rüdiger Wenzel



FLOOD RELIEF IN RAUTAHAT

This year, heavy rainfall devastated especially the lowlands of the Terai. Many people lost relatives, houses and live-stock. They urgently needed help. After the worldwide news about the flood victims and their situation, Nepalmed e.V. and Help! - We help! e.V. - offered financial support. Club 50 Nepal organized the delivery of flood relief.

The Rautahat District was selected due to being severely affected in comparison to other affected areas. Above all, food was needed and with the donations, 350 families received food. The local government authorities supported this relief operation with armed police forces and the army to prevent unrest and looting. This food distribution was the first relief operation in the entire area after two weeks and was meticulously recorded.

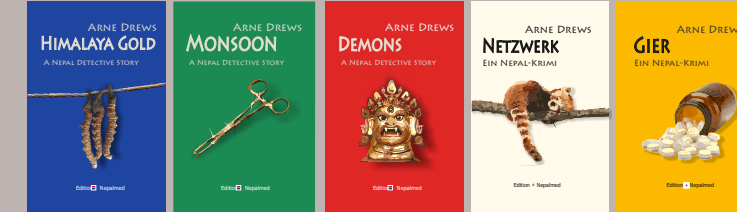
Many thanks to the main sponsor: Help! - We help! e.V.
www.help-wirhelfen.de

Only with this support could the needy people be helped and a little smile be conjured up in their faces.

K.P. Maskey, Club 50 Nepal



Edition Nepalmed



The calendar Nepal 2020 was designed with photos of our members. Many thanks to all senders! The fifth Nepal thriller "Greed" by A. Drews has been published in German language.

B. Kirsch published her collection "Chautari - Stories from a poor, rich country" and R. Wenzel published a second illustrated book.

Please place your orders at
www.nepalmed.de/en/shop/
or in your local book store. The proceeds go to our project work.



*We commemorate the journalist and film author **Dr. Peter-Hugo Scholz**, who died suddenly and unexpectedly. He was responsible for our two documentaries „Namaste - the mountain hospital Amppipal“ and „In the lands of tents“.*



Dear members and supporters!

We look back on an eventful year for Nepalmed e.V.. The projects in cooperation with Nepalmed Nepal develop continuously and offer the basis for a higher quality of health care. Health insurance is gaining ground in the Gorkha district. The number of well-equipped village health stations is growing. A Nepalese Respiratory Society was founded. The political environment in Nepal is stabilizing following local elections and under the reign of Prime Minister Oli. The German government decided to change its basic direction of support from development aid to economic development. Ambassador Schäfer gave a much-noticed speech at the conference of non-governmental organizations in Cologne. Nepalmed e.V. will take an important step towards shaping the future by establishing a Nepalmed Foundation in 2020.

Please walk this path with us!

Merry Christmas and a peaceful New Year!

Arne Drews

Chairman Nepalmed e.V.

Our next general meeting and celebration of 20 years Nepalmed e.V. will take place on **28 March 2020, 10-15:00 in the Zeitgeschichtliches Forum Leipzig, Grimmaische Str. 6.**

Nepalmed e.V., Str. des Friedens 27, 04668 Grimma, Germany
www.nepalmed.de email: Nepalmed@gmx.de

WORK IN GERMANY

Our members were again very active giving lectures and manning stands at events in Germany.

Many thanks to all of you! *Arne Drews*

GORKHA-HERITAGE TREK / GHT

The hiking trail initiated by B. Kirsch and D. Sherpa through the middle hills of the Gorkha district is enjoying growing popularity among German hikers. The locals keep the paths intact and are happy about the income. M. Reiser advertised for it several times with lectures. Negotiations are currently underway with Diamir Russia on the expansion of activities. *Arne Drews*

Experience report about a hike: (excerpt)

...on the GHT we climbed several meters of altitude, could look at the lush, colourful vegetation, made relaxing breaks at picnic places and enjoyed the view from there. In many places we met the friendliness of the Nepalese. "Namaste" became our favourite word. A smile always came back. The Sherpas lovingly took care of us and introduced us to the Nepalese traditions and cuisine. These days were wonderful, also exhausting, but full of interesting, new and unforgettable impressions. *Sabine Fröhner*



AMPPIPAL HOSPITAL

The highlight was the celebration of the hospital's **50th anniversary** in April. Ex-Prime minister B. R. Bhattarai opened the series of speeches. The men's ward opened next to the main building. The free distribution of 5,000 clinical thermometers to the population was made possible by a donation from Germany. Due to family circumstances, K. Paudel, the hospital's doctor of many years, had to end his service. The Patan Academy of Health Sciences sent new doctors. Unfortunately, a global grant from German Rotary clubs for a surgical X-ray device in the operating theatre failed. The plans for the construction of the production plant for medical oxygen are proceeding hopefully. This will be an important step towards financial independence of the hospital. *Arne Drews*

In January, the **dental room** moved into the new building. Last year, P. Roth and S. Keller carried out the measurements for the shell of the building. Our trained dental assistant Prem carries out approx. 70 extractions per month as well as 15 tartar removals and tooth cleaning and places 20 fillings. 64 school children received treatment. Due to the difficult situation of obtaining a work visa, the dental clinic runs without a dentist from Germany. *Sybillle Keller*

WORKSHOPS

We conducted courses in lung function and vascular surgery at Bayalpata Hospital, Accham District, for personnel from five districts in the far west of the country. We also donated Spirometers and set up a PAUL water filtration station. Another lung function course was conducted at Dharan University Hospital in eastern Nepal. The Nepalese colleagues are now able to offer the European training programme for lung function themselves in the coming year. *Arne Drews*

HEALTHPOST PHERA

The highlight of the year was the opening ceremony of the village health station in Phera. Both buildings were erected in earthquake-proof quality. They house consultation rooms with modern medical equipment and instruments, including a dental treatment unit. The second building houses a ward. The health post also received a PAUL water filter station. The 20th PAUL water filter station was built at the Health Post of Tingla. *Birgit Kirsch*



In order to continue our support for Nepal,
we ask for your donations.

Volks- und Raiffeisenbank Muldental e.G.
IBAN DE67 8609 5484 5000 1667 76
BIC GENODEF1GMV