

HEALTH POSTS

Solukhumbu, province 1

We supported several rural health posts in this district: the first of the health posts founded by Nepalmed, the one in Phera, moved to a new building in April 2019.



In Khoryia, the construction work progresses steadily. Water supply and electricity in Tingla could be enhanced. We provided the health post in Jaidu with toilets and washing facilities. In Maidane, dental care has uninterruptedly been ensured.

When an increased number of influenza cases occurred during the beginning of this year, we provided the district with protective gear that had been acquired in Nepal. As the pandemic began in March, the community had to face a shortfall in food supply due to the limited means of conveyance. In this situation, we were able to support hundreds of households for several months. *Birgit Kirsch*

Rasuwa, province 3

At the Nepalese-Tibetan border, we took part in furnishing and equipping the health post, highly frequented by motorists and locals. In addition to that, hygiene classes have been provided regularly at the surrounding schools. *Theresa Lichtenberg*

FURTHER PROJECT WORK

Bayalpata Hospital, province 7

In Accham district, we supported the surgical department at Bayalpata hospital, run by the Nepalese NGO Nyaya Health. The water filters work correctly. Scheduled classes on lung function had to be canceled.

Veterinary medicine at Central Zoo

Nepalmed funded equipment for the veterinary department at Central Zoo in Patan. Due to the current closure of the zoo, Director Pokharel is facing heavy profit losses. The animals need feed and medical aid.

Matrika Eye Center, Kathmandu

The prestigious eye center offers free prophylactic medical examinations for school children. Nepalmed funded a laser machine and scheduled a camp at Amppipal Hospital for December 2020. *Arne Drews*

A report from Nepal – food campaign during the pandemic in Bouddha, Kathmandu

Who would have thought? A tiny virus was capable of terrifyingly changing the whole wide world. For a country with many day laborers, street vendors, and beggars, the Coronavirus is a nightmare. Many were not able to cope with the critical situation and therefore have committed suicide. Since many people in need were searching for food around Bouddha, this area was well suited to set up a soup kitchen. A few minutes by foot from the sacred stupa, we found a place to store, cook, and distribute food. A female cook, a cook's assistant, and two more helpers were hired by Nepalmed and

FURTHER PROJECT WORK



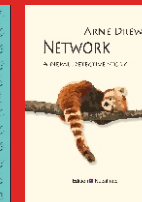
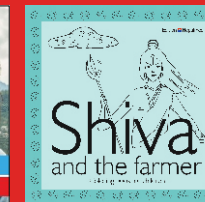
Club 50 and are responsible for preparing the meals. In addition to that, several young volunteers joined the team to help. Monthly, we rented the kitchen equipment from local providers. More than 250 people show up at the distribution site every day. This campaign is a blessing. The program has been going on for three months now and certainly needs to be continued. *KP Maskey, Nepalmed Nepal and Club 50, Kathmandu*



NEPALMED FOUNDATION

In May 2020, the charitable Nepalmed foundation accompanied our organization. It will ensure the long-term consistency and security of our non-profit work for the Nepalese healthcare system. We want to thank Jan Klemm from Advelio Vermögenstreuhand Leipzig and Leipziger Volksbank for their invaluable support of the foundation's formation. The foundation offers two options for support. Donations shall directly go to projects or be used for continuous asset accumulation. Donors can either decide themselves or let the foundation board make the decision. We are very grateful for your persisting willingness to donate even though numerous events had to be canceled.

Edition Nepalmed



Our Nepal calendar 2021 is on sale! The beautiful pictures will make you forget about any travel restriction. A coloring book for children around a Nepalese tale, a set of postcards, and the crime novel "Network", written by Arne Drews, have just been published.

Please order via www.nepalmed.de/shop



**NEPAL
MED e.V.**



Nepalmed e.V.

Annual Report 2020

Dear members and supporters!

Unfortunately, the year 2020 was not dominated by the 20th anniversary of our NGO. Neither could we celebrate the inauguration of the Nepalmed foundation. The pandemic keeps Nepal entirely under control. Despite funding protection gear and giving advice regarding hygiene measures, part of our partners' staff fell critically ill. The country and its population are in a severe crisis. Remittances and tourism are barely happening. The poorest even lack food. Luckily, our Nepalese partners could keep up their work and develop our projects further thanks to your support. Unfortunately, we could not keep you posted at live events.

However, our publishing house Edition Nepalmed offers a crime novel and a coloring book for children, besides the new calendar for 2021.

We would like to congratulate our board member Birgit Kirsch for being awarded the Medal of Merit of the Federal Republic of Germany for her honorary work.

Wishing you good health, a contemplative end of the year, and despite these difficult times, a lot of confidence for the new year.

Arne Drews / Chairman Nepalmed e.V.

We hope for a meeting of members and a festive event **"20+1 years of Nepalmed" on June 5, 2021, 10-12 am at Zeitgeschichtliches Forum Leipzig, Grimmaische Straße 6, 04109 Leipzig**

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AMPPIPAL

Amppipal Hospital, province 4

The plans concerning the pandemic were quickly implemented. Protection gear was bought, procedures were planned, and separate rooms were provided. Nepalmed continues funding the medical treatment for the poorest and the staff's annuity.

The second floor of the nursing students' dorm with five double bedrooms, showers, and toilets was completed. We want to thank Nepalhilfe Aachen for their financial support. Directed by RC Warburg and Nepalmed, Rotary International, six other German clubs and one Nepalese club decided to fund a system for medical oxygen production. The implementation will start at the end of the year. The system will take the hospital one step closer to self-containment and financial independence.

Next year the water supply will be newly planned.

Arne Drews

Amppipal, Sudarshan School

Due to the ongoing pandemic, schools were closed. Especially in the countryside, online classes are barely possible because of the lack of sufficient internet access and computers. Sudarshan school is mostly attended by children from low-income families. Nepalmed has already helped with the installation of toilets and a PAUL water filter and the organization of in-school meals.

By selling Advent calendars, the Lions Club Bad Königshofen will fund the in-school meals and a salary for the teachers, which will enable them to teach in smaller groups. *Birgit Kirsch*

AMPPIPAL

Dental station Amppipal

Despite the pandemic, 50 patients a month had received treatment until the end of October. Due to hygiene measures, only pain management, removal of teeth or dental roots, and the treatment of abscesses in the gum and jaw area could take place. Dental filling and professional tooth cleaning had to be renounced. Our highly trained assistant Prem is certified for these procedures in Nepal.

We want to thank the Griess family and their friends from Kempten for their support!

Sybille Keller



Dental station Amppipal

KIRTIPUR HOSPITAL

Kirtipur is strongly affected by the pandemic as well. Even though the hospital had already taken precautions beginning of March (e.g., with a separate building for suspected COVID cases, screening in an isolated tent in front of the hospital, and training for emergencies with special hygienic requirements), a lot of people from the surrounding area had to obtain outpatient or stationary treatment. Especially the beds in the intensive care unit are not enough. In addition to that, several doctors have fallen critically ill. The interdisciplinary emergency room and the cooperation with the 24/7 rescue service funded by Nepalmed, and the trauma center, still hold up and are well-accepted by the population. The number of patients steadily increases. Nepalmed financially supports the extension and equipping of the trauma surgery department. The construction work is in progress.

In January and February, paramedic David Matthäus trained the emergency room's and trauma center's staff in Kirtipur and Pharping, especially regarding emergency treatment procedures.

We plan to establish a stroke unit in 2021.

Gerda Matzel



Nursing home in Amppipal

In order to continue our support for Nepal, we ask for your donations.

Nepalmed Stiftung
Leipziger Volksbank

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