

KIRTIPUR AND PHARPING HOSPITAL

In January 2018, accident surgeon A. Toepper went to Kirtipur for 2 months. She trained the doctors of the emergency department in the triage system as well as in coping with cases of mass injury. In addition, several training sessions were held on shock room treatment and again on basic and advanced life support. She also spent part of her time at the hospital in Pharping training the staff there. In March the anaesthetist A. Kuczanski came to Kirtipur. He was mainly on ICU and in the OT and trained the staff in ventilation therapy and therapeutic bronchoscopy. Together with A. Toepper, he conducted training courses and workshops on first aid for injured patients and Advanced Trauma Life Support. Cardiologist S. Schlaeger joined the team in April and focused on the care of cardiological emergencies in emergency rooms and ICU. She trained the Nepalese colleagues in Kirtipur and Pharping in emergency echo and FAST, so that they can now independently perform basic ultrasound examinations of the heart.

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In April and October U. Heidecke (BLS-AED teacher, qualified anaesthesiologist nurse) performed several workshops with the automatic defibrillators on a dummy and checked the AED together with N. Tamrakar. The defibrillation training also took place in Pharping with the local staff and R. Budhathoki. Thanks to the tireless efforts of pulmonologist G. Krause for Kirtipur, Storz Germany donated another bronchoscope for anaesthesia, which is now in use in the operating theatre and at ICU. In November, anaesthetist M. Haesner and the paramedic E. Haesner carried out further training in the care of accident victims. A 2-day international trauma congress was organised with N. Tamrakar. Nepalese emergency doctors of the air rescue and members of the police were also involved. *Gerda Matzel*
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Thanks to your donations, a colposcopy unit for cancer prevention (gynaecology), a bronchoscope and a newborn warmer were handed over to Kirtipur as well as two monitors and a nebuliser for medication to Pharping Hospital.

A message reached us from Kirtipur
I visited the hospital on Monday, where S. Rai guided me personally through the holy halls. I was also allowed to take part in the morning meeting. It was a great experience for me and I am very impressed by the hospital management and the conditions [...] unfortunately there was only one old pedal sewing machine in the sewing room. I promised to donate an electric sewing machine to the hospital in spring. A little gift to say thank you for the very nice and detailed tour.
Gertrud "Trudi" Reske

PATAN HOSPITAL

A spirometry device was handed over and personnel trained. We are currently collecting for a children's bronchoscope.

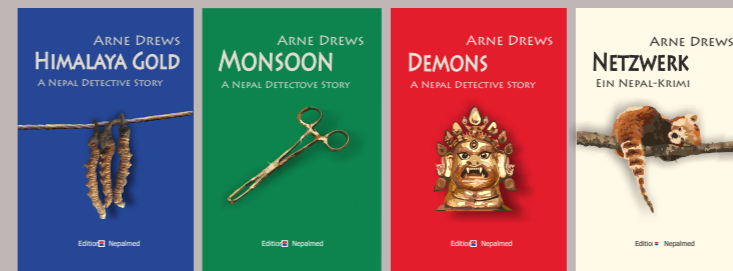
BAJURA HOSPITAL

For years R. Kalisch has been advising the surgeon of this remote hospital in the far west of the country. Now he received a drill and accessories for the operating theatre from Synthes and handed it over in November.

WATER AND HYGIENE

A total of 10 PAUL water filter stations were installed by B. Kirsch and D. Sherpa. Health stations and schools in Phera, Maidane, Bodu, Amppipal as well as Kirtipur now have clean water. In Bodu new school toilets were built. At the popular Bishnu Devi Temple in Kirtipur we financed the construction of toilets. In the women's prison of Kathmandu we sponsored the repair of toilets and showers. A water filter has been installed and vocational training has been set up for resocialisation. *Birgit Kirsch*

Edition Nepalmed



Orders via <https://nepalmed.de/en/shop/> or in bookstores. Revenue will be donated for project work.



Our publishing house Edition Nepalmed had a successful first year with 2000 sold Nepal crime novels by A. Drews and 900 photo calendars by R. Wenzel for the benefit of our work. The Nepal calendar with graphics by D. Schackow was added for 2019. The fourth Nepal thriller "Network" on animal smuggling and tourism has just been published. M. Reiser and A. Drews successfully presented the Gorkha Heritage Trek and the Nepal thrillers.



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Annual Report 2018

Dear members and supporters!

In Nepal the local representatives elected last year take the local fate into their hands. The road construction to Amppipal Hospital is progressing, two young doctors have been hired and the construction of a helicopter-landing pad is planned.

There is a lot of movement in the health sector. Work permits for foreign doctors have been made more difficult. Local doctors went on strike because of new laws on criminal prosecution. The introduction of health insurance in the model region of Gorkha has been so successful that half of the patients in Amppipal are already being financed by it. Health insurance is one of the most important measures to alleviate poverty. The village health stations supported by us in the various districts are functioning, new small projects are being added via our sister organisation Nepalmed Nepal.

Thank you very much for your commitment and your donations. I wish you a peaceful new year 2019!

Arne Drews
Chairman Nepalmed e.V.

Our next annual meeting will take place on
25. May 2019, 10.00 a.m. at Zeitgeschichtliches Forum Leipzig, Grimmaische Str. 6. Germany.

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WORK IN GERMANY

Our supporters again presented our work with an enormous number of events and raised donations. Among other things, pupils in Oberursel held flea markets, the primary school from Grimma-West and the comprehensive school in Mechernich invited to presentations. Many friends collected money for our work on the occasion of birthdays and weddings.

Thanks to O. Rieck we have found many new friends. We can enrich his presentations with an information booth about our work. Many thanks also to the long-standing support of the Itzehoe Hospital with the "cent-behind-the-dot" campaign, to Direct Help Nepal, the circle of friends around the Gries family, as well as to Rotary and Lions clubs. The number of our monthly donors is growing continuously.

A. Drews received honorary certificate of the German Nepalese Society, awarded for the first time this year. The Nepalese ambassador R. P. Khanal accepted our invitation to the 20th Mountain Film Festival in Leipzig. We were present at the Dresden Mountain Film Festival and the Diamir Globetrotter Days. Many media reported. Muldental-TV invited to a talk show. A news series is currently running in the Leipziger Volkszeitung.

AMPPIPAL HOSPITAL

Health insurance is a great success. The mother-child house and the laundry building including machines were handed over in April. The office building was painted outside and the new main building will be inaugurated at the end of the year. We are currently collecting money for furniture and equipment. The hospital road was widened over a length of 3.8 km and secured against landslides.

A health camp was held for 300 patients.

The access road to the new emergency room was filled with a rough stone bed and then covered with reinforced concrete. Drainage and roofing protect against the monsoon.

The large autoclave for the trauma surgical instruments was delivered.

Next year is the 50th anniversary of the hospital.

We will take part in this celebration with a travel group (April 5-13, 2019). *Arne Drews*

Dental care in Amppipal

Due to the unresolved situation regarding the work permit, no German dentists went for voluntary work in Amppipal in 2018. Nevertheless, good figures were recorded in the department.

AMPPIPAL HOSPITAL

Dental hygienist Prem, who received approval to carry out various examinations, was able to perform treatments in the dental department. He was supported by assistant Jit. He extracted close to 500 teeth, did almost 100 fillings and more than 30 tooth cleanings. A young German dentist A. Gahler joined in with the work and inspected over 600 children in two schools in the district who received treatment in Amppipal if necessary. He also conducted oral hygiene training.

In mid-November, the dental department moved to the new OPD.

S. Keller, our coordinator, and P. Roth, were on site and helped the Amppipal team.

We are looking forward to further good cooperation.

Sybille Keller

GORKHA HERITAGE TREK / GHT

Several groups went on the trek maintained by the locals from Amppipal. The accommodations are now well developed and guests are very welcome. At the stop in Amppipal we need more bed capacity.



In order to continue our support for Nepal we ask for your donations.
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