

KIRTIPUR-HOSPITAL

The endoscopy department was extended by a bronchoscope donated by Karl Storz. G. Krause trained several colleagues in October. She also performed a 2-day workshop at the new bronchoscopy training dummy. Meanwhile gynaecologists perform hysteroscopies on a regular basis. Gynaecologist S. Shrestha was given the opportunity to attend a multi-day training course in India.

Nepalmed also provided a hysteroscopy training dummy. We support better care for newborns by purchasing a tocograph (labour recorder) and a vein finder for the newly set up intensive care unit with eight incubators. Nepalmed provided a baby dummy for resuscitation. Midwife E. Mattli gave several trainings for the staff of the labour ward, the pediatric ICU and the pediatric doctors.

The emergency training centre received a dummy for defibrillation (electric shock). N. Tamrakar performed several teaching sessions in first aid for the staff. We finance a 3-month training in emergency medicine for nurse B. Tramu.



PHARPING UND KIRTIPUR-HOSPITAL

G. Matzel and J. Künstler gave ultrasound coaching at the emergency department. B. Hilbert talked about psychiatric emergencies in Kirtipur. M. Hoppe trained vascular ultrasound in Pharping Hospital. O. Hensel and P. Joshi organized a neurological conference in Kirtipur.

Thanks to all physio- and occupational therapists teaching prophylaxis of pneumonia, manual therapy, therapy of stroke victims and critical illness polyneuropathy. Thanks to A. Eisenkolb for the radiology courses at Grande International, KMC Teaching Hospital and Kirtipur.

Gerda Matzel

OFFICE OPENING NEPALMED NEPAL

Our sister organization Nepalmed Nepal opened its office at Bagbazar in Kathmandu.

PHERA RECONSTRUCTION PROJECT

This project in district Solu finished early this year. Supported households were able to repair or rebuild their homes. At the same time, the primary school Phera received an urgently needed heating option from the reconstruction budget.

HEALTH POST PHERA

It was a special request of the inhabitants of Phera to get their own health post. The Phaplu Hospital is around 3 hours walking distance away. Especially for elderly or sick people this distance is an insurmountable problem. A villager provided a house free of rent and Nepalmed invested in sanitary facilities, equipment, furniture and a basic stock of medication. In early 2017 the health post opened and works successfully since then. In order to make the Health Post independent of further support, it has to be transferred to a state Health Post by handing it over to the government. To achieve this a new house is necessary. The villagers provided a plot of land free of charge. We call for donations for the estimated construction cost of 40.000 €. *Birgit Kirsch*

HEALTH POST MAIDANE

The health post in Maidane in district Solu features a permanent dental worker and a health assistant. Patient numbers are increasing steadily. Nepalmed provides the annual budget of 5.500 €.

CLEAN DRINKING WATER

With financial support by several donors we purchased 10 PAUL water filter stations. Three of them are destined for the projects in Solu district. The filter transforms any surface water into drinking water as long as the water does not contain any toxic substances or metals. The three filters for Solu go to the schools in Phera, Beni and Garma. The villagers will also have free access.

The other filters will be installed at project sites in Kirtipur, Amppipal and the Lions Slum Clinic Balkhu.

Birgit Kirsch

LUNG FUNCTION COURSES

S. and A. Drews together with J. and B. Cooper and H. Yates gave lung function courses at six hospitals. SpiroConnect donated two spirometers. Two of the courses were conducted according to the full spirometry training programme of the European Respiratory Society. 15 participants received the ERS spirometry driving license. *Arne Drews*



Dear members and friends,

The federal republic Nepal undertook major steps this year. After 20 years the first general election on community level took place. Half a year later the regional and federal governments were elected. It means a new administrative leadership for our partner hospitals in Amppipal and Kirtipur. In both cases, committed candidates interested in stable growth of the hospitals have been elected. In Amppipal, the new state health insurance system is established. It brings financial stability to the hospital and reliable service to the population. The village health posts in the district of Solu also have the support of the local government. Our sister organization Nepalmed Nepal has opened its own office in the capital. The website of Nepalmed is completely redesigned and an own publishing house Edition Nepalmed was founded. Our members have been active at countless events in Germany and Nepal. Thank you all so much for your commitment and the donations.

I wish you all a peaceful new year 2018.

Arne Drews

Chairman Nepalmed e.V.

Our next annual meeting takes place:
26 May 2018, 10:00, Zeitgeschichtliches Forum
Leipzig, Grimmaische Strasse 6.

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WORK IN GERMANY

Thanks to the targeted use of the financial resources we were able to continue our project work with a great success. The main topics of our work are collecting donations and informing about Nepal. There are numerous activities of members and friends for this purpose. We presented our charity at film festivals in quarry Gaudlitzberg near Leipzig, Bergsichten Festival in Dresden, Literature festival in Haldensleben with family Reiser, at the medical conference Humans and Migration at University Leipzig and the Globetrotter Days of DIAMIR Travels in Dresden. We published in several media like German Medical Journal, Leipziger Volkszeitung, MDR Radio, newspapers in Itzehoe, Bad Königshofen and Schwerin.

Our new website **www.nepalmed.de** is now more clearly arranged, linked to our Facebook account and features an all new webshop. In March we established our own publishing house „Edition Nepalmed“. Three Nepal detective stories of A. Drews were published. The English translations will be released in 2018. R. Wenzel published his photo book „Nepal in pictures“ and the calendar 2018. The revenue of all products flows directly into the project work.



A special thank you to all members and friends who gave talks about Nepalmed, who raised donations and organized events. Book readings, the charity event at the Kulturforum Kiel, the 8H class flea market in Oberursel and the charity run of the Gymnasium Markranstädt are just a few examples. It is not possible to list all activities for the benefit of our voluntary work. Again, thank you all very much. Please do not stop. Thanks to all medical students who took donations along to Nepal and wrote reports about their elective periods. Thanks to B. Marx for tutoring the students as well as designing the book covers and layout of the detective stories. Thanks to K. Meyer and S. Drews from the Nepalmed office and to F. Winkler and U. Holzenleiter for checking the accounting.
R. Wenzel

AMPPIPAL HOSPITAL

Landslides during monsoon caused damages at the hospital entrance. Thanks to Family Gries and Sons and the friends of S. Keller in Kempten for the immediate donation of 4000€. The local dental assistant Prem treats 10-25 patients daily. After having achieved his higher qualification there is no need for foreign dentists to work in Amppipal anymore. In October P. Roth was back on site to conduct dental screenings in schools. Many construction projects went on with the support of Nepalmed. February: completion of girls' toilets at the Sudarshan school, March: completion of the nurses' home, project planning for sewage treatment by A. Krenz. July: start of road construction from the hospital towards the main road. August: laundry building and mother-child-home. October: first tour of the new 24-seater patient bus. A total of €10,000 was invested in surgical implants. Thanks to all volunteers: R. Kalisch, L. Kruse, B. Kirsch, S. Keller, A. Bonin. Thanks to Direkthilfe Nepal e.V. for financing the accident treatment fund.



This is only an excerpt of our project work. For more information and reports please refer to our website www.nepalmed.de or facebook.

Please tell us any changes in your address, email or account details. This is how we can keep our member database up to date:
work.nepal@gmx.de



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in order to continue our voluntary work for Nepal.
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