

OTHER PARTNERS



Matrika Eye Center Kathmandu

Like last year, the Matrika Eye Center planted 200 trees on the main road to Pashupathinath and held several eye camps in remote areas.

Stupa Community Hospital Boudha in Kathmandu

Nepalmed invested in the extension and furnishing of five floors in the new building of the community-run hospital. The hospital will open at the end of 2023 with 100 beds. It will offer affordable basic care for the residents of this rapidly growing neighbourhood.

Cooperation with Club 50 in Nepal

K.P. Maskey and Club 50 supported the residents of a home for blind people with resources and meals. A school received school materials and a PAUL water filter for germ-free water. The health post in Bigutar now has a refrigerator for vaccination supplies.

FURTHER PROJECTS

B.P. KOIRALA INSTITUTE OF HEALTH SCIENCES in Dharan (University Hospital)

In Nepal, respiratory diseases are widespread, due to environmental factors, smoking, genetic predispositions or the Covid pandemic. A bodyplethysmograph will ensure accurate diagnoses and offer personalised therapies to significantly improve patients' quality of life. Nepalmed is investing 36,000 € in this lung function technology.

Health Posts in Solukhumbu and Anpang

In April, a Nepalmed group visited five village health posts in Solukhumbu. Further collaborations have been agreed upon. A retaining wall was built in Phera. Solar hot water was installed at Jaidu. Chargare School was furnished with a dining room. We have supported the school meals there for many years. The meals give the children strength to learn. Significantly more children attend lessons now.

Birgit Kirsch (Nepalmed board member) visited the region in November. All posts are busy. Blood pressure and blood sugar checks, prenatal care, wound care and dental treatment form the main part of the work. Nepalmed is taking over the health post in Anpang from the German organisation „Kinder in Nepal“ in 2024. It provides service for 300 households.

Arne Drews

FURTHER PROJECTS



Workshop Vascular Ultrasound Diagnostics at Bayalpata Hospital

A workshop on ultrasound diagnostics of vascular diseases was held over two days in November 2023. The focus was on the diagnosis of deep vein thrombosis, chronic venous insufficiency, varicosis and arterial occlusive disease. The workshop had nine participants, mostly doctors in various stages of training, but also some CMAs. The participants were very keen and interested. Birgit Kirsch

Edition Nepalmed

Greeting cards, a colouring book for children and the 2024 photo calendar are available at the Edition Nepalmed shop. „An Eye for an Eye“, the eighth case of the protagonist from Arne Drews' Nepal crime series has been published this year. Once again, the novel provides exciting insights into Nepalese culture.

Order via www.nepalmed.de/shop/



NEPALMED IN NUMBERS

62 medical students placed in Nepal

200 more trees planted in Kathmandu

Health insurance for > 90% of the patients in Amppipal achieved

32,090 € for the expansion of Stupa Community Hospital Boudha

Foundation
NEPALMED



ANNUAL REPORT
2023





Editorial

The Nepalese Ministry of Health and the medical journal Swasthya Khabar not only recognise the work of non-governmental organisations, they have also been honouring selected individuals with the Health Award for 10 years.

For the first time, foreigners received the award this year. On behalf of Nepalmed Arne Drews accepted this honour in the field of „universal health coverage“ – the widest possible distribution of medical care. Prime Minister Pushpa Kamal Dahal and Minister of Technology and Communication Rekha Sharma presented the awards in a festive ceremony. This honour is both recognition and an incentive. There is still a lot to do.

I would like to thank all our members and supporters. Without you, these results would not be possible!

I wish you Happy Holidays and a Happy New Year 2024!

Yours, Arne Drews / Chairman Nepalmed e.V.

We cordially invite you to the general meeting at the Zeitgeschichtliches Forum Leipzig, Grimmaische Straße 6, 04109 Leipzig on Saturday, 13 April 2024, 10 a. m. to 2 p. m.

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PROJECTS IN GERMANY

Projects in Germany

Nepalmed was represented at the Dresden Bergsichten Film Festival and at Mountain Film Night in Thallwitz. A Nepal photo exhibition by Frank Bienewald at the Dresden-Friedrichstadt Children's Centre attracted many visitors. Rüdiger Wenzel gave a lecture in Parchim followed by an interview for the TV station NDR. His photo exhibition about Nepal and the activities of Nepalmed at the Globetrotter shop in Dresden was well attended. In October, Michael Reiser led a group on the Gorepani Trek in variable weather conditions. *Arne Drews*



AMPPIPAL



Ampipal Hospital

Ampipal Hospital has a new leadership since April. Babu Ram Giri, manager for 20 years, is no longer on site. He continues to run the NGO Nepalmed Nepal and still organises the projects. All of the projects planned for 2023 could be realised. For example a new modern laboratory device has been installed in February and a Samsung ultrasound machine in May. We would like to thank Ms Glaser and her group of supporters and the Rotary Clubs from Warburg for their generous financial support.

Funds from the Saxonian Youth Foundation genialsozial were used to equip the men's and children's wards. Several areas of the hospital were renovated in spring.

In April, Michael Fischer-Art and his tour group decorated the main building in colourful motives. *Arne Drews*

KIRTIPUR HOSPITAL

Check-ups for Children

In the municipality of Kirtipur, over 2000 children at nine government schools were able to benefit from preventive medical check-ups this year. As part of school camps, they received a general physical examination, medical history and counselling, an eye test and a dental check-up. If a follow-up was required, they were referred to Kirtipur Hospital. After a lengthy approval process by the welfare authorities, the newborn screening programme was finally introduced there. The young families who had agreed to take part in the programme got a screening booklet and received free consultations with the paediatrician at regular intervals according to the vaccination calendar, including an examination, a hearing and eye test, breastfeeding and hygiene advice and monitoring of their baby's weight. The staff and the families gave consistently positive feedback.

Funding from the 24 GUTE TATEN Association expires at the end of this year. We are currently planning for a long-term cooperation.

In April, Ole Hensel and Andreas Posa offered further training in the field of neurology. In November, Melanie and Edi Haesner conducted training in emergencies and rescue operations and Alena Kuhlmann in the resuscitation of newborn babies.

Alena Kuhlmann / Arne Drews



In order to continue our support for Nepal we kindly ask for your donations:

**Donation Account Nepalmed Stiftung
Leipziger Volksbank**

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